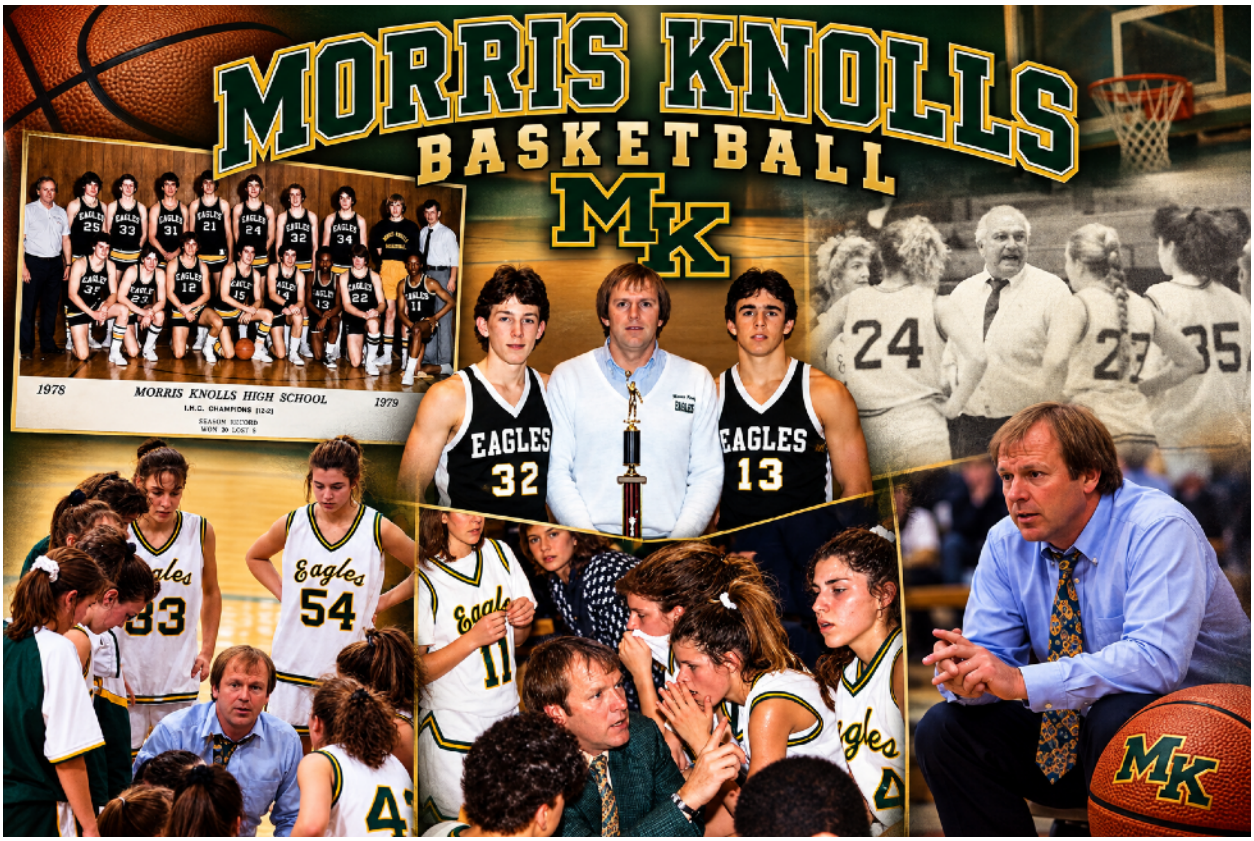

Coaching High School Basketball

Coaching high school basketball became one of the most rewarding parts of my journey. From practices and big victories to heartbreaking losses, the game gave me the opportunity to teach hundreds of young athletes lessons that went far beyond basketball—and gave me memories and relationships that have lasted a lifetime.

My coaching career began at Dover High School, the same place where so much of my own basketball story had taken shape. From there, I moved to Morris Knolls High School, where I began coaching the boys junior varsity team. Eventually, I had the opportunity to coach the boys varsity team.

Later in my career, I made the transition to the girls basketball program. I first coached the girls junior varsity team before eventually becoming

the girls varsity coach. That is where my basketball coaching career came to an end.

Looking back, I was fortunate to experience the game from many different perspectives—as a player, a boys coach, a girls coach, a junior varsity coach, and a varsity coach. Each team was different, each season brought new challenges, and every group of players taught me something.