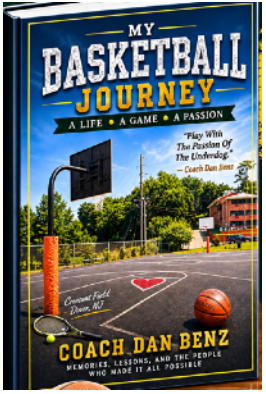


TABLE OF CONTENTS

Not Included In The Book



Chapter 1 Scranton, Pennsylvania **7**
Chapter 2 Dover, New Jersey **17**
Chapter 3 Freshman Year 1966-67 ..... **21**
Chapter 4 Sophomore Year 1967-68 ..... **24**
Chapter 5 Junior Year 1968-69 ..... **31**
Chapter 6 Senior Year 1969-70 ..... **50**
Chapter 7 Quinnipiac College, Hamden CT **65**
Chapter 8 Freshman Year 1970-71 ..... **69**
Chapter 9 Sophomore Year 1970-71 ..... **74**
Chapter 10 Junior Year 1972-73 ..... **98**
Chapter 11 Senior Year 1973-74 ..... **111**
Chapter 12 Summer of 1974 ..... **121**
Chapter 13 My Playing Days - Not Over **123**
Chapter 14 Coaching and Teaching **125**
Chapter 15 The Year Everything Changed **127**
Chapter 16 Coaching Basketball At Morris Knolls **130**
Chapter 17 Coaching Girls Basketball **141**
Chapter 18 The Boys of Dover - Together Again **171**
Chapter 19 My Playing Days - Not Over **173**
Chapter 20 Teaching At Morris Knolls **176**
Chapter 21 Coaching Boys Tennis **184**
Chapter 22 Memorable Days at Morris Knolls **209**
Chapter 23 Coaching Girls Tennis **215**
Chapter 24 Team Benz **240**
Chapter 25 Reunions - When the Stories Come Back to Life **251**
Chapter 26 Hall of Fame **259**
Chapter 27 Some Sad Days **264**
Chapter 28 Great Coaches **269**
Chapter 29 Retirement **274**
One Last Thought **278**
Epilogue Keep Shooting **280**
Coach Benz - The Videos Behind the Stories **282**
Giving Back to Our Veterans **283**